

# RADT-2640: PHYSICS OF MAMMOGRAPHY

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## Cuyahoga Community College

**Viewing: RADT-2640 : Physics of Mammography**

**Board of Trustees:**

May 2023

**Academic Term:**

Fall 2023

**Subject Code**

RADT - Radiography

**Course Number:**

2640

**Title:**

Physics of Mammography

**Catalog Description:**

Study of physics of mammography, including instrumentation equipment, digital mammography, and the factors affecting the images and picture archiving and communications system (PACS).

**Credit Hour(s):**

1

**Lecture Hour(s):**

1

## Requisites

**Prerequisite and Corequisite**

Departmental approval: admission to Mammography program.

## Outcomes

**Course Outcome(s):**

Describe the components, specification and use of various mammographic units.

**Essential Learning Outcome Mapping:**

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

**Objective(s):**

- a. Label the components of the mammographic unit.
- b. Properly operate mammography equipment including the demonstration of the correct use of compression devices, filtration devices, the magnification setup, use of grids and automatic exposure controls.
- c. Label the components of the dedicated mammography tube.
- d. State the specifications of the various components in a mammography unit (half-value layer, focal spot size, source-to-image distance and the minimum requirements based on MQSA guidelines).
- e. Explain the significance of target/filter combinations.
- f. Define heel effect.
- g. Describe the geometry and purpose of the mammography primary beam.
- h. Define reciprocity law failure.
- i. Differentiate between the various types of x-ray generators used in mammography.

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**Course Outcome(s):**

Explore digital mammography.

**Essential Learning Outcome Mapping:**

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

**Objective(s):**

- a. Define digital mammography to include digital breast tomosynthesis (DBT).
- b. Discuss image processing and the effect it has on digital mammography images.
- c. Explain the additional functions available with digital imaging: measuring the area of interest, filtration of image, magnification, contrast, density and subtraction of image.
- d. Define compression, its usefulness and minimum and maximum requirements based on MQSA guidelines.
- e. State the purpose of magnification.
- f. Accessorize equipment according to the procedure being performed.
- g. Set appropriate kilovoltage peak (kVp), milliamperage (mA) and time or automatic exposure control (AEC) and the correct position of the photosensor.
- h. Process digital images if available.

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**Course Outcome(s):**

Discuss the importance of the picture archiving and communications system (PACS).

**Essential Learning Outcome Mapping:**

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

**Objective(s):**

- a. Describe a picture archiving and communications system (PACS) and its function.
- b. Identify components of a PACS.
- c. Identify modality types that may be incorporated into a PACS.
- d. Define accession number.
- e. Describe worklist and correct use.
- f. Define digital imaging and communications in medicine (DICOM).
- g. Describe data flow for a DICOM image from an imaging modality to a PACS.
- h. Identify common problems associated with retrieving/viewing images within a PACS.
- i. Identify the primary uses of the diagnostic display workstation.
- j. Produce hard copies of digital images if available.
- k. Discuss the image storage and viewing capabilities related to digital mammography.

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**Course Outcome(s):**

Recognize factors that govern and influence the production and recording of mammographic images.

**Essential Learning Outcome Mapping:**

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

**Objective(s):**

- a. Perceive the purpose for AEC and relate it to an automatic kVp system.
  - b. Describe how kVp, mA, time and compression affect the mammographic image.
  - c. Identify the maximum permissible dose per mammography exam based on MQSA standards.
  - d. Identify the average dose per mammographic exposure.
  - e. Describe how kVp, mA, time and compression affect the radiation dose to the patient.
  - f. Select the correct technical variable based on variations in breast anatomy.
  - g. Identify imaging artifacts on digital mammography images.
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**Methods of Evaluation:**

- a. Participation and discussion
- b. Written assignments
- c. Case studies
- d. Exams
- e. Quizzes
- f. Other methods deemed appropriate by department

**Course Content Outline:**

- a. Dedicated Mammography Equipment
  - i. C-arm x-ray tube stand
  - ii. Mammography tube
    - 1. Rotating vs. stationary anodes
    - 2. Tube design
      - a. Tube configuration
      - b. Anode configuration
      - c. Biangular targets
    - 3. Focal spot
      - a. Standard sizes
      - b. Magnification size
      - c. Effective target angle
      - d. Reference axis target angle
      - e. Bias focusing
    - 4. Target materials
      - a. Molybdenum
      - b. Specialized tungsten
      - c. Rhodium
      - d. Dual targets (e.g. tungsten, rhodium, molybdenum choice)
  - iii. Filtration
    - 1. Exit window filtration
      - a. Glass
      - b. Beryllium
    - 2. Tube filtration
      - a. Molybdenum
      - b. Rhodium
      - c. Aluminum
      - d. Silver
  - iv. Beam geometry
    - 1. Primary beam
      - a. Central ray geometry
      - b. Reference axis
      - c. Photon energies
    - 2. Heel effect
      - a. Effects on intensity
      - b. Effects on apparent focal spot size
    - 3. Beam limiting devices
      - a. Purpose
      - b. Collimation
        - i. Three-sided
    - 4. Source-to-image distance (SID)
    - 5. Object-to-image distance (OID)
      - a. Effects on dose
      - b. Effects on contrast
  - v. Generator
    - 1. Types
      - a. Three-phase
      - b. High-frequency
      - c. Constant potential
    - 2. Homogenous x-ray beam

3. Ripple factor
4. Tube capacity (mA output)
- vi. Automatic exposure control (AEC)
  1. Purpose
  2. Types
    - a. Ionization chamber
    - b. Solid state
    - c. Functions
    - d. Design
    - e. Placement in system
- vii. Grids
  1. Types
    - a. Reciprocating
    - b. Stationary
  2. Ratio
  3. Design
    - a. Conventional
    - b. Honeycomb
- viii. Magnification
  1. Purpose
  2. Focal spot size
  3. Air gap technique
  4. Effect of dose
  5. Magnification factor
- b. Digital Mammography
  - i. Type of detectors
    1. Photostimulable phosphor (PSP) technology
    2. Flat panel detectors
      - a. Direct
      - b. Indirect
    3. Photon counting technology
  - ii. Digital technology
    1. Charged coupled device (CCD)
    2. Matrix/pixels
    3. Field sizes
    4. Resolution
    5. Optical density vs. noise ratio-signal to noise ratio (SNR)
    6. Contrast to noise ratio (CNR)
  - iii. Approaches of digital mammography
    1. Single-exposure approach
    2. Multiple-exposure approach
  - iv. Pre- and post-processing of the digital image
  - v. Advantages
    1. Radiation dose reductions
    2. Image enhancement
    3. Time
    4. Telemammography
    5. Productivity
  - vi. Other aspects of digital technology
    1. Expense
    2. Additional equipment
      - a. Review workstation
      - b. PACS
      - c. Laser printer
      - d. Computer-aided detection (CAD)
    3. Connectivity
    4. Compatibility
    5. Computer literacy of the technologist
- c. PACS

- i. Terminology
  - ii. System components and function
  - iii. Digital communications
    - 1. Digital imaging and communications in medicine (DICOM)
      - a. Components of a DICOM record
      - b. DICOM conformance statements
      - c. DICOM coded terminology pertinent to digital mammography
    - 2. HIS, RIS, EMR and HL7
  - iv. Telemammography
  - v. Lossy and lossless compression
  - vi. Mammographer
    - 1. Access work order (worklist)
    - 2. Postprocessing-image manipulation
    - 3. Annotation issues
    - 4. Transmitting images to PACS
    - 5. Health Insurance Portability and Accountability Act (HIPAA)
    - 6. Workflow
    - 7. Processing other vendor (OV) images
  - vii. Image output
    - 1. Retention
    - 2. Transfer of images
      - a. Final interpretation quality
        - i. Laser images
        - ii. CD
- d. Technical Variables
- i. Density
  - ii. Contrast
  - iii. kVp
    - 1. Range
    - 2. Rationale
    - 3. Effect on image quality
    - 4. Relationship to exposure time/reciprocity law failure and optimum optical density
    - 5. Effect on contrast
    - 6. Effect on digital images
  - iv. Milliampere-Seconds (mAs)
    - 1. Range
    - 2. Relationship to mR
    - 3. Relationship to exposure time/reciprocity law failure
    - 4. Effect on density
    - 5. Effect on digital images
  - v. Compression
    - 1. Density
    - 2. Contrast
    - 3. Detail
    - 4. Radiation dose
  - vi. Automatic exposure control (AEC)
    - 1. Definition
    - 2. Effect of kVp
    - 3. Effect of consistent image quality
    - 4. Backup timing
    - 5. Photocell placement
    - 6. Tracking
    - 7. Reproducibility
    - 8. MQSA requirements
  - vii. Manual technique
    - 1. Uses
  - viii. Density setting
  - ix. Tube/filter combination
  - x. Half-value layer (HVL)

1. Heterogeneous and homogeneous radiation
2. MQSA requirements
- xi. Reciprocity law failure
  1. Definition
  2. Correlation to generator type and mR/mAs
  3. Correlation to exposure time
  4. Correlation to digital imaging
- e. Exposure Range -Standard Deviation
  - i. Collimation
    1. Purpose and importance
    2. Field size
    3. MQSA requirements
  - ii. Artifacts
  - iii. Laser imaging systems
- f. Introduction to Digital Breast Tomosynthesis
  - i. Physics principles trade offs
  - ii. Design features
    1. Tube motion
    2. Target material
  - iii. What is DBT
    1. Images acquired
    2. Single DBT view
    3. Combo mode
    4. Dose
    5. Reconstructions
    6. Projections
    7. Slices

## Resources

American College of Radiology (ACR). ACR Mammography Manual. Reston, VA.

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American Registry of Radiologic Technologists (ARRT). (Current) Content Specifications for Mammography. St. Paul, MN. [https://www.arrt.org/docs/default-source/discipline-documents/mammography/mammography-content-specifications.pdf?sfvrsn=8a6303fc\\_8](https://www.arrt.org/docs/default-source/discipline-documents/mammography/mammography-content-specifications.pdf?sfvrsn=8a6303fc_8)

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American Society of Radiologic Technologists (ASRT). (Current) *Mammography Curriculum*, Albuquerque, NM. <https://www.asrt.org/docs/default-source/educators/curriculum/mammography/2018-adopted-mammography-curriculum.pdf>

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Cardenosa, Gilda. (2017) *Breast Imaging Companion*, Philadelphia: Wolters-Kluwer.

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Lille, Shelly. Marshall, Wendy. (2019) *Mammographic Imaging--A Practical Guide*, Philadelphia: Wolters-Kluwer.

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Peart, Olive. (2022) *Lange Q and A: Mammography Imaging-A Practical Guide*, New York: McGraw Hill.

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Peart, Olive. (2022) *Mammography and Imaging Prep: Program Review and Exam Prep*, New York: McGraw-Hill.

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