

PSY-2081: PSYCHOPATHOLOGY

Cuyahoga Community College

Viewing: PSY-2081 : Psychopathology

Board of Trustees:

March 2021

Academic Term:

Fall 2022

Subject Code

PSY - Psychology

Course Number:

2081

Title:

Psychopathology

Catalog Description:

Descriptive survey of behavioral and psychological disorders. Topics include past and present views of abnormal behavior, diagnostic and assessment procedures, and classification, causes, prevention and treatment of disorders.

Credit Hour(s):

3

Lecture Hour(s):

3

Lab Hour(s):

0

Other Hour(s):

0

Requisites

Prerequisite and Corequisite

PSY-1010 General Psychology, or PSY-101H Honors General Psychology.

Outcomes

Course Outcome(s):

Demonstrate knowledge of major contemporary theoretical and historical perspectives of mental health disorders.

Objective(s):

- a. Identify and differentiate the different perspectives of mental health disorders: biological, psychological, sociological, and sociocultural.
- b. Discuss the historical view of mental health disorders, diagnosis, and treatment.
- c. Identify and evaluate empirically sound information sources that demonstrate evidence of a holistic perspective of mental health disorders.

Course Outcome(s):

Demonstrate knowledge of the etiology, definition, classification, diagnosis, and treatment of mental health disorders.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

- a. Demonstrate knowledge of how psychopathology is defined and classified.
- b. Explain various procedures, qualitative and quantitative research methods, and assessments used to identify and treat mental health disorders.
- c. Describe the psychiatric classification system and diagnostic decision making in hypothetical cases.
- d. Develop an understanding of the major treatment approaches and techniques.
- e. Recognize the cultural variations in the etiology, diagnosis, and treatment of psychological disorders.
- f. Evaluate the objectivity, reliability, and validity of the classification system used in diagnosing mental health disorders.

Course Outcome(s):

Demonstrate knowledge of ethics surrounding psychological disorders.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

- a. Develop an understanding of the ethical issues related to the treatment of those diagnosed with mental health disorders.
- b. Recognize the legal issues related to the treatment of those diagnosed with mental health disorders.
- c. Identify the common misconceptions and how to reduce the stigma often associated with mental health disorders.

Methods of Evaluation:

- a. Objective or essay examinations
- b. Written research or project reports
- c. Oral reports
- d. Multimedia presentations
- e. Case study conceptualizations
- f. Other methods selected by the instructor

Course Content Outline:

- a. Study of psychopathology
 - i. Defining psychopathology
 - ii. Incidence
 - iii. Historical perspective
 - iv. Scientific methods
 - v. Destigmatizing mental health disorders
- b. Models of pathology
 - i. Biological psychogenic
 - ii. Psychodynamic
 - iii. Behavioral
 - iv. Humanistic
 - v. Cognitive
 - vi. Sociocultural
- c. Classification and assessment
 - i. DSM-5
 - ii. Behavioral observation
 - iii. Interviews
 - iv. Psychological tests
- d. Psychological disorders, etiology, and symptomology
 - i. Anxiety and obsessive-compulsive disorders
 - ii. Trauma and stressor-related disorders
 - iii. Somatic disorders

- iv. Dissociative disorders
- v. Depressive disorders
- vi. Bipolar disorders
- vii. Personality disorders
- viii. Eating disorders
- ix. Disorders of childhood and adolescence
- x. Schizophrenia spectrum disorders
- xi. Sexual dysfunctions
- xii. Gender dysphoria
- xiii. Paraphilic disorders
- xiv. Developmental disorders
- xv. Neurocognitive disorders
- xvi. Sleep-wake disorders
- xvii. Substance use disorders
- xviii. Addictive disorders
- xix. Suicide prevention
- e. Prevention, treatment, and intervention programs
 - i. Psychodynamic interventions
 - ii. Biological interventions
 - iii. Behavioral interventions
 - iv. Cognitive interventions
 - v. Humanistic interventions
 - vi. Group therapy
 - vii. Family therapy
 - viii. Prevention programs
- f. Ethical and legal considerations
 - i. Ethics in mental health
 - ii. Legal issues and standards

Resources

Sue, D., Sue, D. W., Sue, D., & Sue, S. (2022) *Understanding abnormal behavior (12th ed.)*, Cengage Learning.

Comer, R. J., & Comer, J. S. (2019) *Fundamentals of abnormal psychology (9th ed.)*, New York, NY: Worth Publishers.

American Psychiatric Association. (2013) DSM-5. *Diagnostic and Statistical Manual of Mental Disorders (5th ed.)*,

Cuyahoga Community College. (2021) *Psychology Research Guide*, <https://libguides.tri-c.edu/psychology>

National Alliance on Mental Illness. (2021) (n.d.) <https://www.nami.org/Home>

National Institute of Mental Health. (n.d.) <https://www.nimh.nih.gov/index.shtml>

Resources Other

- a. Discipline-specific academic journals (<https://libguides.tri-c.edu/psychology>)
- b. Mental Health Channel TV (<http://www.mentalhealthchannel.tv/episodes>) 2021
- c. Help Is Here: Cuyahoga Community College's Suicide Prevention & Mental Wellness initiative (<http://www.tri-c.edu/helpishere>) 2021

Instructional Services

OAN Number:

Ohio Transfer 36 TMSBS and Transfer Assurance Guide OSS017

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Key: 5058