

# OTAT-1860: PRACTICUM II

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## Cuyahoga Community College

**Viewing: OTAT-1860 : Practicum II**

**Board of Trustees:**

December 2022

**Academic Term:**

Fall 2023

**Subject Code**

OTAT - Occupational Therapy Assisting

**Course Number:**

1860

**Title:**

Practicum II

**Catalog Description:**

Under supervision of assigned agency personnel, students apply knowledge, skills and techniques learned in concurrent OTAT courses and weekly discussion seminar. Assignment to agencies includes traditional and non-traditional settings serving clients with psychosocial dysfunctions. Seminar: 15 hours per semester.

**Credit Hour(s):**

2

**Lecture Hour(s):**

1

**Lab Hour(s):**

0

**Other Hour(s):**

7

**Other Hour Details:**

Practicum: 105 hours per semester

## Requisites

**Prerequisite and Corequisite**

PSY-1010 General Psychology, and departmental approval.

## Outcomes

**Course Outcome(s):**

Demonstrate ability to effectively interact through written, oral and nonverbal communication with client/family/caregivers, colleagues, other health providers and the public in a professionally acceptable manner.

**Objective(s):**

1. Write clear, accurate, and timely clinical notes using appropriate terminology.
  2. Participate in data gathering/observational skills including structured observation, interviews, occupational therapy profile and structured tests.
  3. Consistently communicate with supervisor at appropriate intervals.
  4. Initiate communication with other team members/personnel with relevant to patient/client care.
  5. Report verbal and written communication.
  6. Use clear, grammatically correct English in all communication.
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**Course Outcome(s):**

Demonstrate the ability to effectively use therapeutic use of self with clients to facilitate and accomplish goals, grade and adapt activities and modify the intervention plan as needed in collaboration with the occupational therapist according to the policies and procedures of the assigned clinical site.

**Objective(s):**

1. Identify personal strengths/areas of improvement and make efforts to improve weak areas.
2. Establish effective rapport with patient/client/staff/family members.
3. Discriminate between desirable and undesirable patient/client behaviors.
4. Initiate, sustain, and terminate conversations with patient/client/staff/family
5. Demonstrate effective listening skills.
6. Demonstrate appropriate use of non-verbal communications.

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**Course Outcome(s):**

Demonstrate consistent professional behavior in his/her interaction with clients/staff/families

**Objective(s):**

1. Keep personal matters from interfering with clinical duties.
2. Be punctual and reliable; fulfill responsibilities to instructors and assigned facility.
3. Respect client confidentiality.
4. Check with supervisors when in doubt about situations, treatment procedures, etc.
5. Comply with facility dress code and demonstrate good personal care and hygiene.
6. Demonstrate satisfactory time management skills; meet deadlines.
7. Express emotions appropriately.
8. Respond to positive and negative feedback appropriately.
9. Accept and complete assigned responsibilities satisfactorily.

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**Course Outcome(s):**

Demonstrate the ability to adhere to ethical and safety standards as defined by the American Occupational Therapy Association and in accordance with the policies and procedures of the assigned clinical site.

**Objective(s):**

1. Maintain strict patient confidentiality.
2. Interact professionally and respectfully with patients, families, and staff.
3. Establish and maintain a therapeutic relationship with the patient.
4. Maintain quality patient care and patient satisfaction as guidelines for professional behavior.
5. Apply information of applicable regulations, guidelines and reimbursement systems as they relate to the documentation of occupational therapy practice.

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**Course Outcome(s):**

Demonstrate the ability to utilize sound judgment in regard to safety of self and others, and adhere to safety regulations throughout the Occupational Therapy process.

**Objective(s):**

1. Utilize infection control precautions and procedures.
2. Maintain clear and orderly work area by returning equipment and supplies.
3. Follow facility policies in response to emergency code and drill situations.
4. Utilize non-violent crisis intervention/prevention and therapeutic physical intervention techniques when needed.
5. Maintain equipment, materials and treatment environment in good order and condition.
6. Recognize and respect patient/client personal boundaries.

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**Course Outcome(s):**

Demonstrate the ability to plan, select and implement intervention with clients to facilitate and accomplish goals, grade and adapt activities and modify the intervention plan as needed in collaboration with the occupational therapist according to the policies and procedures of the assigned clinical site.

**Objective(s):**

1. Identify patient/client problems through observations, chart review and/or occupational therapist evaluation.

2. Recognize the need for additional information and take initiative in obtaining information by going through proper channels.
  3. Under direct supervision, assist clinical instructor in basic treatment techniques such as leading groups, one to one intervention, etc.
  4. Observe clinical supervisor perform specialized treatment techniques with patient/client.
  5. Identify appropriate treatment objectives to match patient/client needs.
  6. Apply the guidelines for the documentation of the occupational therapy practice.
  7. Demonstrate basic knowledge in the following types of documentation: screening, initial evaluation, intervention plan, progress reports, daily progress notes (e.g. SOAP), narrative notes, and discharge reports. Documentation should be relevant and understandable; in addition, goals should be measurable and achievable.
  8. Select appropriate methods and activities to facilitate achievement of goals.
  9. Display effective problem-solving skills and clinical reasoning related to patient/client problems.
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**Methods of Evaluation:**

- a. Classes will be graded with 60% of grade from clinical supervisor, 40% written material for class
- b. Clinical Supervisor Evaluation
- c. Written Reports

**Course Content Outline:**

- a. Standards of Practice in Mental Health Occupational Therapy
  - i. Foundational knowledge in mental health service delivery
  - ii. Diagnostic and statistical manual
  - iii. Core mental health professional knowledge and skills
  - iv. Occupational Therapy Practice Framework
  - v. Occupational therapy assistant and the occupational therapy process
  - vi. Contextual influences in mental health care and service delivery
- b. Nonviolent Crisis Intervention
  - i. The Crisis Prevention Institute Crisis Development Model
  - ii. Non-verbal communication
  - iii. Paraverbal communication
  - iv. Verbal communication
  - v. Precipitating factors, rational detachment, integrated experience
  - vi. Staff fear and anxiety
  - vii. Decision making
  - viii. Physical intervention – disengagement skills
  - ix. Physical intervention – holding skills
- c. Validation/The Feil Method
  - i. Basis beliefs
    1. What is validation?
    2. Validation goals
    3. Theoretical assumptions
  - ii. Erick Erikson's Theory of Life Stages and Tasks
  - iii. Feil's resolution versus vegetation stage
  - iv. Reasons for disorientation
    1. Physical losses
    2. Social losses
  - v. Who are the disoriented old-old?
  - vi. Four stages of disorientation
    1. Malorientation
    2. Time confusion
    3. Repetitive motion
    4. Vegetation
  - vii. Implementing individual validation
- d. Mental Health Recovery
  - i. Definitions of recovery
  - ii. Insights into recovery
  - iii. Recovery as a process and journey
  - iv. Occupational therapy and recovery

- v. Measurement of recovery
- vi. Recovery principles
- e. Safety Techniques
  - i. Universal precautions
  - ii. Controlling the environment
  - iii. Medical emergencies and first aid
  - iv. Psychiatric emergencies
  - v. Teaching consumers about safety
  - vi. Modifying environment to enhance safety
- f. Motivation
  - i. Theories of motivation
    - 1. Maslow's Hierarchy of Needs
    - 2. Approach/avoidance models
    - 3. Self-efficacy
    - 4. Self-determination theory
    - 5. Flow theory
    - 6. Transtheoretical Model
    - 7. Model of human occupation
  - ii. Motivation and psychiatric disabilities
  - iii. Assessments
    - 1. Behavioral Inhibition System (BIS)/Behavioral Approach System (BAS) Scales
    - 2. Goal attainment scaling
    - 3. Leisure motivation scale
    - 4. University of Rhode Island Change Assessment
    - 5. Volitional Questionnaire and Pediatric Volitional Questionnaire
  - iv. Intervention
    - 1. Interventions linked to theories
    - 2. The Remotivation Process
    - 3. Motivational interviewing
- g. Sharing clinical experience
  - i. Clinical experience self-assessment
  - ii. Identify actions that need improvement
  - iii. Critically thinking on their experiences

## Resources

Early, Mary Beth. *Mental Health Concept and Techniques for the Occupational Therapy Assistant*. 5th ed. Philadelphia: Lippincott Williams & Wilkins, 2016.

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Brown C. & Stoffel V.C. (2019) *Occupational Therapy in Mental Health/A Vision for Participation*, Philadelphia: F.A.Davis Company.

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Cole, M.B. (2017) *Group Dynamics in Occupational Therapy*, Thorofare: SLACK Incorporated.

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Morreale, M.J. & Borcharding, S. (2022) *The OTA's Guide to Documentation/Writing SOAP Notes*, Thorofare: SLACK Incorporated.

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Manville, C.A., & Keough J.L. (2016) *Mental Health Practice for the Occupational Therapy Assistant*, Thorofare: SLACK Incorporated.

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