

HS-2300: FAMILY THEORY AND SERVICES

Cuyahoga Community College

Viewing: HS-2300 : Family Theory and Services

Board of Trustees:

May 2018

Academic Term:

Fall 2018

Subject Code

HS - Human Services

Course Number:

2300

Title:

Family Theory and Services

Catalog Description:

Principles of family dynamics. Emphasis on family preservation. Introduction to various family theories, approaches and intervention strategies. Explore concepts related to intergenerational patterns of behavior and family traits. Introduction to signs and symptoms of behaviors associated with abuse, domestic violence and neglect. Development of assessment skills with emphasis on relationships, parenting, abuse and/or neglect. Introduction to basic legal issues, ethics and reporting policies and procedures. Introduction to system and services of the local Department of Children and Family Services. Development of human service skills to service families. Explore range of services and resources available to families.

Credit Hour(s):

4

Lecture Hour(s):

4

Requisites

Prerequisite and Corequisite

ENG-0990 Language Fundamentals II, or appropriate score on English Placement Test.

Outcomes

Course Outcome(s):

Develop appropriate family assessment and intervention skills.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Discuss the models of family therapy theory and practice.
2. Assessments of relationships.
3. Identify and apply family intervention strategies.
4. Develop conflict management skills and tools.
5. Identify child welfare issues and develop intervention strategies.
6. Describe and utilize the six characteristics of the family model.
7. Identify parenting issues and intervention strategies.
8. Identify methods of intervention for people demonstrating victim identification.
9. Identify the seven steps to the initial family session.
10. Describe family assessment skills and develop intervention strategies based upon family strengths.
11. Develop individualized family plans.

12. Identify the strengths of the family and the community.

Course Outcome(s):

Assess family situations accurately and respond utilizing appropriate information or techniques.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Identify various stressors and their impact on family systems.
2. Identify and apply family intervention strategies.
3. Identify functional traits of relationships.
4. Identify confidentiality issues.
5. Identify and define the signs and symptoms of abuse.
6. Identify parenting issues and intervention strategies.
7. Identify individual's self-defeating behavior.
8. Describe strategies to negotiate entry into the family system.
9. Identify the strengths of the family and the community.

Course Outcome(s):

Identify at-risk families and develop prevention and intervention techniques accordingly.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Identify various stressors and their impact on family systems.
2. Describe networking strategies and community resources/services for families.
3. Identify and define the signs and symptoms of abuse.
4. Identify child welfare issues and develop intervention strategies.
5. Discuss intergenerational patterns of abuse/neglect and theoretical concepts.
6. Identify at risk families and individuals.
7. Family preservation with special populations.
8. Discuss methods of healing from child abuse.
9. Discuss the philosophy of family preservation.
10. Identify methods to empower families to become their own advocates.
11. Identify methods used to establish trusting relationships with families.
12. Develop individualized family plans.

Course Outcome(s):

Recognize ethical and legal considerations in family and child situations.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Describe networking strategies and community resources/services for families.
2. Identify confidentiality issues.
3. Identify child abuse reporting requirements as pertaining to Ohio law.
4. Identify and define the signs and symptoms of abuse.
5. Identify child welfare issues and develop intervention strategies.
6. Discuss issues associated with reporting.

Course Outcome(s):

Synthesize course information to demonstrate application to relevant family case study.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Develop conflict management skills and tools.
 2. Evaluate relationship interventions for couples and family members.
 3. Discuss intergenerational patterns of abuse/neglect and theoretical concepts.
 4. Identify individual's self-defeating behavior.
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Methods of Evaluation:

1. Participation in class/cooperative learning groups
2. Examination
3. Reports/written assignments

Course Content Outline:

1. Introduction to family theory
 - a. Systems approach
 - b. Structural approach
 - c. Boundaries/roles/hierarchy
 - d. Family preservations
2. Terminology: definitions
3. Negotiating family systems
 - a. Developing rapport/trust
 - b. Entry strategies
 - c. Role as human service worker
 - d. Confidentiality issues
4. Assessment of family system
 - a. Individual strengths
 - b. Group strengths
 - c. Community strengths
 - d. Hierarchy, boundaries, roles, communications
 - e. Individualized plans
5. Intervention with families
 - a. Conflict management skills
 - b. Resources
 - c. Education
 - d. Networking
 - e. Advocacy
 - f. Special populations
 - g. Parenting/education
6. Child welfare issues
 - a. Abuse defined
 - b. Abuse indicators and risk factors
 - c. Assessment
 - d. Reporting procedures/requirements
 - e. Confidentiality
 - f. Therapeutic relationship issues
 - g. Impact on psychological, physical, spiritual well being
 - h. Intergenerational patterns
 - i. Self-defeating behavior
 - j. Victim vs. survivor
 - k. Reporting laws
7. Relationships/intervention
 - a. Couples
 - b. Parent to child
 - c. Extended family
 - d. Functioning/continuum

Resources

Brill, Naomi I. *Working with People: The Helping Process*. 7th ed. White Plains, NY: Longman, 2015.

Coltrane, Scott and Randal Collins. *Sociology of Marriage Family: Gender, Love Poverty*. 5th ed. Belmont, CA: Wadsworth Publishing, 2001.

Zastro, Charles. *Introduction to Social Work and Social Welfare*. 7th ed. Belmont, CA: Wadsworth, 2000.

Fay, Jin and Foster Cline. *Becoming A Love and Logic Parent: Parent Handbook*. Love and Logic Press, Inc., 1999.

Erera, Pauline. *Family Diversity: Continuity and Change in the Contemporary Family*. University of Washington: Sage Sourcebooks, 2002.

Robert Taibbi. *Doing Family Therapy*. 3rd. Guilford Press, 2015.

Diritsky. *Course Handbook*. 7/27/2017.

Various Authors. "Family Journal Articles." See Black Board Site. 2017-07-31 22:00:00.0.

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