HS-1300: INTRODUCTION TO HUMAN SERVICES

Cuyahoga Community College

Viewing: HS-1300 : Introduction to Human Services
Board of Trustees:
2016-05-24

Academic Term:
2016-08-25

Subject Code
HS - Human Services

Course Number:
1300

Title:
Introduction to Human Services

Catalog Description:
Survey of historical and philosophical developments and their effects on Human Services. Introduction to contemporary Human Services delivery systems. Development of client-centered Human Services interventions. Exploration of careers in the field of Human Services. Emphasis on understanding Human Services within context of culturally/ethnically diverse urban environment.

Credit Hour(s):
3

Lecture Hour(s):
3
Lab Hour(s):
0

Other Hour(s):
0

Requisites

Prerequisite and Corequisite
ENG-1010 College Composition I, or concurrent enrollment; or ENG-101H Honors College Composition I, or concurrent enrollment.

Outcomes
Course Outcome(s):

Describe the history of the development of the Human Services Delivery System in the United States and its impact on modern American culture and community.

Objective(s):

1. Report (via written exercise) on at least one of the major trends in the development of Human Services in the United States, including but not limited to: Pre-continental United States Influences; Roles of Immigration and the "Great Migration," the Settlement Houses movement, and the history of Institutionalization –v- Deinstitutionalization movements.
2. Identify different theories of Human Services delivery, including but not limited to: psychoanalytic theory, learning theory, humanistic theory, cognitive theory.
3. Match accepted Human Services theories with real life scenarios, emphasizing client-centered approaches.
4. Identify (in a written assignment) three ways the field of Human Services promotes the welfare of the individual and the general community within the context of multiple systems.
5. Describe the impact of discrimination (i.e. racism) on American Culture through small group discussion.
6. List the most commonly recognized root causes of poverty in America and the local community.

Course Outcome(s):
Explore career opportunities in the field of Human Services in order to begin developing personal philosophy as a human services worker.

Objective(s):

1. Identify three areas Human Services workers impact society.
2. Identify at least three possible career roles of a Human Services worker.
3. Match educational and licensure requirements with specific careers in the Human Services field.
4. Design an individualized academic/career plan.
5. Describe (via written exercise) his/her own cultural identity and list individual biases that would be a potential barrier to developing a professional relationship with clients.

Course Outcome(s):

Implement basic skills utilized in the delivery of Human Services

Objective(s):

1. Describe the impact of systems (i.e. economic, social, cultural, political) on the individual by developing an individualized ecological map.
2. Practice motivational interviewing techniques, using the OARS methodology.
3. Differentiate assertive communication and aggressive communication.
4. Practice reviewing real life case studies to include client background, client issues, clinical actions, and outcome success.
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Methods of Evaluation:

1. Human Services Research Project(s)/Paper
2. Case Study (Oral and Written Presentation)
3. Small Group Class Presentation
4. Role Play of Human Services Skills
5. Resource File of Human Services Providers in the Greater Cleveland Area
6. Individualized Academic Plan
7. Chapter Quizzes
8. Mid-Term/Final Examination

Course Content Outline:

1. The History of Human Services in the United States
   a. Pre-Continental Influences
   b. Immigration (1890-1920)
   c. "The Great Migration"(1910-1970)
   d. Settlement House Movement
   e. Institutionalization
   f. Deinstitutionalization/"re-institutionalization"
2. Philosophical/Political Underpinnings of Human Services
   a. Reform –v- Conservativism
   b. Rights of Clients
   c. Funding for Human Services
   d. Federal/State Regulations Impacting Human Services Delivery
3. Contemporary Issues Impacting Human Services
   a. Poverty in America
      i. Causes
      ii. Welfare
      iii. Feminization of poverty
      iv. Blaming the victim
   b. Discrimination (racism) in America
   c. Changing Workplace
   d. Environmental Issues
4. Theories of Human Services Delivery
   a. Psychodynamic Theory
   b. Behavioral (Learning) Theory
   c. Humanistic Theory
   d. Cognitive Theory

    e. Motivational Interviewing
    f. Multi-Systemic Approach
    g. Eclectic Approach
5. Assertiveness Training
6. Intervention Strategies in Human Services
    a. The Therapeutic Relationship
        i. Empathy
        ii. Unconditional Positive Regard
        iii. Genuineness
    b. Observational Skills (Active Listening)
    c. Interviewing Skills (OARS)
    d. Community Based Interventions
    e. Prevention Strategies
7. Cultural Diversity
8. Areas of Human Services Work
    a. Mental Health
    b. Chemical Dependency
    c. Child Abuse
    d. Domestic Violence
    e. Macro-Social Work
9. Roles of the Human Services Worker
10. Licensure/Certification of the Human Services Worker
    a. Educational Requirements/Plan
    b. Scope or Practice
    c. Licensure/Certification in Ohio
    d. Professionalism

Resources

Woodside, M., and McClam, T. (2015) *An Introduction to the Human Services,*Pacific Grove, CA: Brooks/Cole Publishing.

Alberti, R. Emmons, M. (2012) *Your Perfect Right,*Atascadero, CA: Pearson.

Levine, J. (2013) *Working With People: The Helping Process,*Pearson.

Cox, L., Tice, C., Long, D. (2016) *Introduction to Social Work: An Advocacy-Based Profession,*Sage.

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