

# HS-1210: PREVENTION AND CHEMICAL DEPENDENCY

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## Cuyahoga Community College

**Viewing: HS-1210 : Prevention and Chemical Dependency**

**Board of Trustees:**

October 2018

**Academic Term:**

Fall 2019

**Subject Code**

HS - Human Services

**Course Number:**

1210

**Title:**

Prevention and Chemical Dependency

**Catalog Description:**

Examine the three levels of prevention interventions. Discuss models and theories used in prevention strategies. Identify methods, strategies, legal aspects, social and community resources available to prevent chemical dependency and relapse. Discuss prevention certification skills and requirements. Emphasis on process outcomes, including quality assurance, evaluation and tracking.

**Credit Hour(s):**

2

**Lecture Hour(s):**

2

## Requisites

**Prerequisite and Corequisite**

HS-1101 Foundations of Substance Abuse, Addiction, and Group Work

## Outcomes

**Course Outcome(s):**

Examine historical trends in the field of substance use prevention.

**Objective(s):**

1. Discuss the historical aspects of prevention.
2. Discuss strategies used to prevent chemical dependency.
3. Identify prevention terminology.

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**Course Outcome(s):**

Design a prevention program utilizing evidenced based practices.

**Objective(s):**

1. Identify the three levels of prevention: Universal, Selective, Indicated.
2. Develop strategies for the prevention of chemical dependency.
3. Identify the aspects of a prevention program.
4. Identify process and outcomes measures/methods

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**Course Outcome(s):**

Explore options for prevention certification with the Ohio Chemical Dependency Professionals Board.

**Objective(s):**

1. Discuss certification of prevention specialists.
  2. Identify prevention examination criteria.
  3. Identify employment opportunities in the field of prevention.
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**Course Outcome(s):**

Examine various aspects which influence the prevention of chemical dependency.

**Objective(s):**

1. Identify the three levels of prevention: Universal, Selective, Indicated.
  2. Cite specific laws and regulations that pertain to prevention in general and chemical dependency in particular.
  3. Identify community resources for prevention of chemical dependency.
  4. Discuss relapse prevention.
  5. Discuss the obstacles to development of a chemical dependency prevention program.
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**Methods of Evaluation:**

1. Examinations
2. Written assignments
3. Group participation

**Course Content Outline:**

1. History of prevention
  - a. Preliterary and ancient civilization
  - b. The Dark Ages and the Renaissance
  - c. The 19th and 20th centuries
  - d. 1960's to present time
2. Models of prevention
  - a. Multi-risk factor theory
  - b. Comprehensive public health model
    - i. host
    - ii. agent
    - iii. environment
  - c. Problem behavior theory
  - d. Stage theory
  - e. Social development model
  - f. Social learning model
3. Levels of prevention
  - a. Individual
  - b. Selective
  - c. Universal
4. Aspects that influence the prevention of chemical dependency.
  - a. Self
  - b. Family
  - c. Peers
  - d. Community
  - e. Mass media
  - f. Social tolerance
  - g. Local and national substance use environment
5. Strategies for prevention of chemical dependency.
  - a. Education
  - b. Legislation
  - c. Self-help groups
  - d. Prevention programs
  - e. Referral/resources
  - f. Community intervention
6. Develop contemporary strategies to combat social problems among substance abusing populations

- a. Homelessness
  - b. Domestic violence
  - c. Unplanned pregnancy
  - d. Incarceration
  - e. Youth
  - f. Aging
7. Components of a prevention program.
    - a. Direct community services
    - b. Direct client services
    - c. Indirect community service
    - d. Indirect client services
  8. Obstacles to development of chemical dependency prevention programs.
    - a. Professional issues
    - b. Political issues
    - c. Economic issues
    - d. Social issues
    - e. Spiritual
  9. Developing prevention program.
    - a. Type/levels
    - b. Description
    - c. Goals objectives
    - d. Client population
    - e. Method of intervention
    - f. Funding source
    - g. Staff
    - h. Method of evaluation
  10. Prevention of STDs among high-risk populations.
  11. Prevention terminology
  12. Prevention certification
    - a. RA
    - b. OCPSA
    - c. OCPS
    - d. OCPC
    - e. Credentialing criteria/requirements
    - f. Examination preparation
  13. Process and outcomes measures /methods
    - a. CQI
    - b. Evaluation
    - c. Tracking
  14. Employment opportunities in prevention
    - a. Drug Free School Coordinators
    - b. Teen Institute County Coordinators
    - c. Consultants offering prevention programs to schools
    - d. Day care and Head Start Programs
    - e. Parenting organizations
    - f. Hospitals doing educational programming for their communities
    - g. Social Service Organizations
    - h. Employee Assistance Programs
    - i. Training Organizations

## Resources

Kinney, Jean . *Loosening the Grip: A Handbook of Alcohol Information*. 11th ed. New York, NY: McGraw Hill Education, 2015.

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Jansen, Mary A. "OSAP Prevention Monograph-10, A promising Future: Alcohol and Other Drug Problem Prevention Services Improvement" Leopold Classic Library, 2015.

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**Resources Other**

1. National Clearinghouse for Alcohol and Drug Information. P.O. Box 2345 Rockville, MD. 20847-2345 (1-800-729-6686)
2. National Association of Prevention Professionals and Advocates. 1228 Breckenridge Street, Louisville, KY 40204 (1-502-583-6820)
3. American Council for Drug Education. 136 East 64th Street, New York, NY 1-800-4888-3784)
4. National Clearinghouse for Alcohol and Drug Information. Prevention Pipeline. or call (301-770-0850)

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