

# HTEC-1040: HEALTH CAREER EXPLORATION

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## Cuyahoga Community College

**Viewing: HTEC-1040 : Health Career Exploration**

**Board of Trustees:**

2002-01-24

**Academic Term:**

2002-08-22

**Subject Code**

HTEC - Health Technology

**Course Number:**

1040

**Title:**

Health Career Exploration

**Catalog Description:**

Introduction to variety of health career options with emphasis on qualifications, job responsibilities and employment opportunities. Includes identifying components from each health career that relate to lifestyle risk factors. Discusses how to become educated consumers with regards to seeking accurate health information.

**Credit Hour(s):**

1

**Lecture Hour(s):**

1

## Requisites

**Prerequisite and Corequisite**

None.

## Outcomes

**Objective(s):**

1. Identify their strengths/weaknesses/values and their importance in choosing a health career.
2. State the qualifications, opportunities and responsibilities for various health careers.
3. Identify health related lifestyle risk factors in their own lives.
4. Seek accurate information and evaluate the validity and reliability of information as it relates to their health and lifestyle.
5. Develop a plan for pursuing a health career.

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**Methods of Evaluation:**

1. Student developed plan to pursue a health career degree
2. Completed worksheets on each health career program
3. Student developed plan to reduce lifestyle risk factors.

**Course Content Outline:**

1. Student assessment of values, strengths and weaknesses
  - a. Defining values
  - b. Identification and exploration of models for understanding personal preferences in career choice decision making
  - c. Relation of personal values to career choice
2. Health career program presentations

- a. Job responsibilities
  - b. Qualifications
  - c. Work settings and working conditions
  - d. Salaries
  - e. Employment outlook
  - f. Career ladder availability
  - g. Licensure and certification requirements
  - h. Interactions with other career programs
3. Dimensions of health
    - a. Lifestyle choices and personal responsibilities for health of individuals
    - b. Evaluate validity of health information
    - c. Importance of confidentiality
    - d. Patient rights

## Resources

Barrett, Stephen. *Consumer Health, A Guide to Intelligent Decisions*. 7th. McGraw-Hill, 2002.

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Bolles, Richard Nelson. *The 1998 What Color is Your Parachute? A Practical Manual for Job Hunters and Career Changers*. Ten Speed Press, 1998.

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Tieger, Paul, and Barbara Barron-Tieger. *Do What You Are: Discover the Perfect Career for You Through the Secrets of Personality Type*. Little Brown Publishing, 1992.

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## Resources Other

1. COPS (Career Orientation Placement and Evaluation Survey) Interest.
2. CAPS (Career Ability Placement Survey).
3. SDS (Holland Self-Directed Search).
4. Harrington/O'Shea Assessment.
5. Super, Donald Work Values Inventory
6. Crites, John. Career Maturity Inventory.
7. Super's Work Values Inventory.
8. Career Assessment Inventory.
9. WebMD.com

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