

GEN-1060: CREATIVE PARENTING SKILLS FOR STUDENTS

Cuyahoga Community College

Viewing: GEN-1060 : Creative Parenting Skills for Students

Board of Trustees:

June 2023

Academic Term:

Fall 2023

Subject Code

GEN - General Studies

Course Number:

1060

Title:

Creative Parenting Skills for Students

Catalog Description:

Course applies a developmental framework in examining theoretical approaches to the process of parenting. Explores expectations, influences and strategies of parenting with focus on attitudes and behaviors. Topics include facilitating the parent-child relationship from birth through adolescence, parenting techniques, adaptations of the traditional family structure, contemporary discipline techniques, and community resources. These topics will be addressed within the context of cultural diversity.

Credit Hour(s):

2

Lecture Hour(s):

2

Requisites

Prerequisite and Corequisite

None.

Outcomes

Course Outcome(s):

Identify basic theories and strategies of parenting.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Written Communication: Demonstrate effective written communication for an intended audience that follows genre/disciplinary conventions that reflect clarity, organization, and editing skills.

Objective(s):

1. Evaluate the major pressures and responsibilities connected with the decision to have children.
2. Examine the developmental framework of parenting, including childbirth, infancy, early childhood, middle childhood, adolescence and early adulthood.
3. Distinguish behavioral problems and related parenting skills that are effective in each stage of family development.
4. Encourage students to explore their own experiences of how they were parented, which will involve dividing their life into segments: childhood, teen-age years, young adult, family years, and adulthood.

Course Outcome(s):

Describe issues of parenting in single-parenting, step family systems, blended and adoptive families.

Objective(s):

1. Analyze the risks and alternatives related to parenting, including parenting in high-risk families, parenting children with disabilities and other special needs, family violence, and addiction.
 2. Analyze the diversity of contemporary American families, including different family forms, ethnic diversity and characteristics of healthy families.
 3. List and describe a variety of community resources available to assist parents, including first time parents, single parents, divorced or separated parents, stepparents, foster parents, and grandparents.
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Methods of Evaluation:

- a. Class participation
- b. Homework assignments
- c. Exams
- d. Final paper
- e. The Parenting Interview assignment
- f. The Parenting BIO

Course Content Outline:

- a. Nature of parent and child relationship
 - i. Concepts of parenting
 - ii. Decision making for becoming a parent
- b. The Developmental frameworks of Parenting
 - i. Infancy and early childhood
 - ii. Middle childhood and adolescence
 - iii. Early adulthood
- c. Parenting: Diverse Family Types
 - i. Diversity in family forms
 - ii. Socioeconomic differences in parenting
 - iii. Quality of the home environment
 - iv. Ethnic diversity in families
 - v. Characteristics of healthy families
- d. Strategies of contemporary parenting
 - i. Transition to parenthood
 - ii. Stages of family development and behavior problems
 - iii. Behavior problems and related parenting skills
 - iv. Active parenting approaches
- e. Parenting in families with diverse lifestyles
 - i. Single parent families
 - ii. Divorce and child custody
 - iii. Step parent families
 - iv. Dual-career families
 - v. Cohabiting parents
 - vi. Gay and lesbian parents
- f. Parenting in high risk families
 - i. Teen pregnancy and parenting
 - ii. Abusive parents and family violence
 - iii. Drug dependent and addicted families
 - iv. Types of child abuse/neglect/sexual abuse
- g. Parenting children with special needs
 - i. Types of special needs and disabilities
 - ii. Challenges and interventions for families with children with disabilities and other needs
 - iii. Resources for parents of special needs children
- h. Community and College resources

- i. Developing networking resources
- ii. Identifying community resources
- iii. Utilizing college resources

Resources

Laura L Wetzell. *Teaching Parents of Young Children: A Curriculum in 12 Sessions*. Washington: Child Welfare League of America, 1996.

Edward H. Runkel. *Screamfree Parenting: The Revolutionary Approach to Raising Your Kids Without Losing Your Cool*. New York, NY: Broadway Books, 2007. 9/4/2007.

Bigner, Jerry. *Parent-Child Relations: An Introduction to Parenting*. 10th ed. Upper Saddle River, NJ: Pearson/Merrill Prentice Hall, 2018. 2/16/2018.

Jane Brooks. *The Process of Parenting*. 9th ed. New York: McGraw-Hill, 2012. 9/28/2012.

Janet Gonzales-Mena. *Multicultural Issues in Child Care*. 3rd ed. Upper Saddle River, NJ: Mayfield Publishing Co., 2000. 7/14/2000.

Michael Popkin. *Taming the Spirited Child: Strategies for Parenting Challenging Children Without Breaking Their Spirits*. New York: Fireside, 2007. 3/6/2007.

Colleen Alexander-Roberts. *The ADHD Parenting Handbook*. Lanham, MD: Taylor Publishing Group, 1994. 10/1/1994.

Skip Downing. *OnCourse: Study Skills Plus*. 3rd ed. Boston, MA: Wadsworth: Cengage Learning, 2011. 1/1/2016.

Dave Ellis. *Becoming a Master Student*. 16th ed. Boston, Wadsworth: Cengage Learning, 2019.

Mary Gauvain and Ross D. Parke. *Child Psychology: A Contemporary Viewpoint*. 10th ed. New York, McGraw Hill, 2009. 1/1/2009.

Raymond G. Mittenberger. *Behavior Modification: Principles and Procedures*. 6th ed. Belmont, CA: Wadsworth, 2015. 1/1/2015.

John W. Santrock . *Child Development*. 14th ed. New York: McGraw-Hill, 2020. 3/5/2020.

Sue Schwartz. *The Language of Toys: Teaching Communication Skills to Special-needs Children*. Rockville, MD: Woodbine House, 2004. 5/1/2004.

Dennis Waitley. *Psychology of Success: Maximizing Fulfillment in Your Career and Life*. 7th ed. New York: McGraw-Hill Companies, Inc., 2019. 1/22/2019.

Resources Other

- a. ParentingWise Parenting Program (PWPP), 2545 Benjamin E. Mays Drive, SW Atlanta, GA 30311.
- b. Family Works, Inc. Interactive Online Video, 1005 East State Street, Suite G, Athens, OH 45701-3751.
- c. <https://www.textbooks.com/Parent-Child-Relations-Context-Research-and-Application--Text-Only-4th-Edition/9780134461144/Phyllis-Heath.php>
- d. <https://www.textbooks.com/Parenting-A-Dynamic-Perspective-3rd-Edition/9781506350424/George-W-Holden.php>
- e. <https://open.umn.edu/opentextbooks/textbooks/parenting-and-family-diversity-issues> (<https://open.umn.edu/opentextbooks/textbooks/parenting-and-family-diversity-issues/>) (OER)

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