

# DANC-2620: BALLET III

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## Cuyahoga Community College

**Viewing: DANC-2620 : Ballet III**

**Board of Trustees:**

2015-05-28

**Academic Term:**

Fall 2019

**Subject Code**

DANC - Dance

**Course Number:**

2620

**Title:**

Ballet III

**Catalog Description:**

Final class in a three course sequence. Building on the fundamentals of prior classes, students will apply technique to the execution of performing complex combinations across the floor. Development of spatial awareness, musicality, strength and flexibility will be incorporated with additional emphasis on movement dynamics. Proper jumping, leaping, and turning techniques will be emphasized. May be repeated up to four times for credit.

**Credit Hour(s):**

1

**Lab Hour(s):**

3

## Requisites

**Prerequisite and Corequisite**

DANC-2530 Ballet II.

## Outcomes

**Course Outcome(s):**

Apply technique to the execution of performing complex combinations across the floor.

**Objective(s):**

1. Perform complex ballet exercises at the barre with increased range in flexibility independently of the instructor, using proper alignment for external rotation and core support.
2. Memorize and perform complex center floor combinations emphasizing spatial awareness, performance, musicality, and dynamics.
3. Demonstrate increased range in strength and flexibility as it applies to ballet technique.

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**Methods of Evaluation:**

1. Ability to choreograph classroom barre or center floor exercise & teach it to other dancers in the class using the correct terms
2. Daily class participation and effort
3. Perform complex sequences at the barre
4. Perform complex center floor sequence
5. Evaluation of postural alignment
6. Peer evaluation of postural alignment
7. Written journals (reflection)
8. Written and/or demonstrative quizzes or tests on ballet vocabulary
9. Final presentation of complex ballet combination

**Course Content Outline:**

***Ballet 3 will emphasize complex combinations of the following fundamentals of ballet for students to perform at faster tempos and with greater clarity than prior levels. Emphasis will be placed on grace and poise of the execution of the following technical components.***

1. Advanced Principles of Classical Ballet Technique
  - a. Alignment, Connectedness, Breath, External Rotation (Turn-out)
  - b. Verticality
  - c. Line
  - d. Musicality
  - e. Spatial Awareness
  - f. Dynamics
2. Barre Sequences that combine the following in more complex sequences (with greater complexity than Ballet II)
  - a. Demi and Grand Plie in 1st, 2nd, 3rd, 4th and 5th positions
  - b. Rélevé and élevé
  - c. Battement Tendu and Battement Dégagé
  - d. Rond de Jambe and Battement Frappé
  - e. Coupé, Passé and Développe
  - f. Grand Battement
3. Center Work and Travelling: Allegro/Adagio (with greater sequential complexity than in Dance II)
  - a. Center tendu
  - b. Pirouette
  - c. Pas de bourrée
  - d. Balancé
  - e. Chassé
  - f. Arabesque
  - g. Attitude
  - h. Changement
  - i. Assemblé
  - j. Sauté
  - k. Sissonne
  - l. Glissade
  - m. Petit Jeté
  - n. Pas de Chat
  - o. Tours chaînés
  - p. Soutenu en tournant
  - q. Piqué
  - r. Waltz
  - s. Chassé
  - t. Grand Jeté
4. Performance
  - a. Performance Etiquette
  - b. Focus
  - c. Energy/Dynamics
5. History
  - a. Influential people
  - b. Historical and Cultural context

**Resources**

Grant, Gail. *Technical Manual and Dictionary of Classical Ballet*. 3rd. Canada: Dover Publications, 1987.

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Greskovic, Robert. *Ballet 101*. New York: Hyperion, 1998.

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Kassing, Gayle and Danielle Jay. *Teaching Beginning Ballet Technique*. Illinois: Human Kinetics, 1998.

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Kostrovitskya, Vera. *100 Lessons in Classical Ballet*. Trans. Oleg Briansky. New York: Limelight Editions, 1981.

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MacKie, Joyce. *Basic Ballet: The Steps Defined*. Penguin Books, 2001.

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Vaganova, Agrippina. *Basic Principles of Classical Ballet: Russian Ballet Technique*. Trans. Anatole Chujoy. Canada: Dover Publications, 1969.

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#### **Resources Other**

**American Ballet Theater Online dictionary** (with video demonstrations)

<http://www.abt.org/education/dictionary/index.html> (<http://www.abt.org/education/dictionary/>)

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