

DANC-2520: BALLET II

Cuyahoga Community College

Viewing: DANC-2520 : Ballet II

Board of Trustees:

2015-05-28

Academic Term:

Fall 2019

Subject Code

DANC - Dance

Course Number:

2520

Title:

Ballet II

Catalog Description:

Second in a three-course sequence. Covers intermediate classical ballet technique to prepare students for more advanced training in ballet. Emphasis will be placed on mastery of fundamental ballet exercises at the barre, with intermediate-level execution of center floor combinations. Students will follow a typical ballet class structure with an emphasis on clarity of movement, and increased speed, and proper technique. May be repeated up to four times for credit.

Credit Hour(s):

1

Lab Hour(s):

3

Requisites

Prerequisite and Corequisite

DANC-1520 Ballet I.

Outcomes

Course Outcome(s):

Achieve mastery of fundamental ballet exercises at the barre, with intermediate execution of center floor combinations.

Objective(s):

1. Demonstrate the basic positions of ballet using proper rotational alignment of the hips, core support, and the proper carriage of the arms in all five positions.
2. Perform fundamental ballet exercises at the barre independently of the instructor, using proper alignment for external rotation and core support.
3. Apply knowledge of ankle strength and knee and hip alignment to the execution of beginning level jumping and leaping exercises in Petit and Grand Allegro.
4. Demonstrate increased range in strength and flexibility as it applies to ballet technique.
5. Memorize and perform intermediate level center floor exercises emphasizing balance and sequence, musicality and theatricality.

Methods of Evaluation:

1. Daily class participation and effort
2. Performing basic sequences at the barre with precision and clarity
3. Perform intermediate sequences at the barre
4. Perform intermediate center floor sequence
5. Evaluation of postural alignment
6. Peer evaluation of postural alignment
7. Written journals (reflection)

8. Written and/or demonstrative quizzes or tests on ballet vocabulary
9. Final presentation of intermediate ballet combination

Course Content Outline:

1. Basic Principles of Classical Ballet Technique
 - a. Alignment, Connectedness, Breath, External Rotation (Turn-out)
 - b. Verticality
 - c. Line
 - d. Musicality
 - e. Spatial Awareness
 - f. Dynamics
2. Barre Sequences that combine the following in more complex sequences (ability to perform without instructor participation)
 - a. Demi and Grand Plie in 1st, 2nd, 3rd, 4th and 5th positions
 - b. Rélevé and Élevé
 - c. Battement Tendu and Battement Dégagé
 - d. Rond de Jambe and Battement Frappé
 - e. Coupé, Passé and Développé
 - f. Grand Battement
3. Center Work and Travelling: Allegro/Adagio (with greater sequential complexity than in Dance I)
 - a. Center Tendu
 - b. Pirouette
 - c. Pas de Bourrée
 - d. Balancé
 - e. Chassé
 - f. Arabesque
 - g. Attitude
 - h. Changement
 - i. Assemblé
 - j. Sauté
 - k. Sissonne
 - l. Glissade
 - m. Petit Jeté
 - n. Pas de Chat
 - o. Tours Chaînés
 - p. Soutenu en Tournant
 - q. Piqué
 - r. Waltz
 - s. Chassé
 - t. Grand Jeté
4. Performance
 - a. Performance Etiquette
 - b. Focus
 - c. Energy/Dynamic
5. History
 - a. Influential people
 - b. Historical and Cultural context

Resources

Grant, Gail. *Technical Manual and Dictionary of Classical Ballet*. 3rd. Canada: Dover Publications, 1987.

Greskovic, Robert. *Ballet 101*. New York: Hyperion, 1998.

Kassing, Gayle and Danielle Jay. *Teaching Beginning Ballet Technique*. Illinois: Human Kinetics, 1998.

Kostrovitskya, Vera. *100 Lessons in Classical Ballet*. Trans. Oleg Briansky. New York: Limelight Editions, 1981.

MacKie, Joyce. *Basic Ballet: The Steps Defined*. Penguin Books, 2001.

Vaganova, Agrippina. *Basic Principles of Classical Ballet: Russian Ballet Technique*. Trans. Anatole Chujoy. Canada: Dover Publications, 1969.

Resources Other

American Ballet Theater Online dictionary (with video demonstrations)

<http://www.abt.org/education/dictionary/index.html> (<http://www.abt.org/education/dictionary/>)

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