

DANC-1550: HIP-HOP DANCE I

Cuyahoga Community College

Viewing: DANC-1550 : Hip-Hop Dance I

Board of Trustees:

MARCH 2024

Academic Term:

Fall 2024

Subject Code

DANC - Dance

Course Number:

1550

Title:

Hip-Hop Dance I

Catalog Description:

Introduction to select hip-hop, street and related social dance forms. Emphasis on basic techniques, movement skills, musicality, rhythm, body awareness, and creativity. Performance of freestyle and choreographed movements. Survey of historical and socio-cultural context.

Credit Hour(s):

2

Lecture Hour(s):

1

Lab Hour(s):

3

Requisites

Prerequisite and Corequisite

None.

Outcomes

Course Outcome(s):

Recognize and perform fundamental movement vocabulary of select hip-hop, street and social dance forms.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

1. Perform basic technical skills, movements, and sequences
2. Identify and differentiate between various hip-hop and street dance forms or styles (e.g., breaking/breakdance, popping, locking, house, krump, tutting, contemporary/commercial hip-hop choreography, etc.).
3. Recognize and utilize terminology of selected dance forms and styles.
4. Participate in improvised/"freestyle" movement within the cypher.
5. Perform choreographed movement.

Course Outcome(s):

Develop increased body, spatial, rhythmic, and creative awareness.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Explore kinesthetic sense of rhythm, musicality, phrasing, and timing.
2. Demonstrate an understanding of appropriate conditioning principles as they apply to hip hop dance styles: warm up/cool down, strength, flexibility, and cardiovascular endurance.
3. Utilize improvisation, creative choice-making and problem solving to create and perform "freestyle" movement.

Course Outcome(s):

Develop basic knowledge of historical and socio-cultural context of hip-hop dance and related street and social dance forms.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

1. Discuss historical roots, timeline and important individuals and groups.
2. Identify the elements of hip-hop.
3. Reflect on the significance of hip-hop and related forms in contemporary society.

Methods of Evaluation:

1. Daily class participation and effort
2. Demonstration/performance of technical skills, phrases, and freestyle
3. Journals
4. Self-assessments/self-evaluations
5. Peer evaluation
6. Quizzes and tests
7. Practical exam
8. Written and/or verbal discussion, reflection, presentation or critique

Course Content Outline:

1. Movement practice
 - a. Warm up movements to prepare the body
 - b. Body awareness, control, and alignment
 - c. Sequential and isolated body articulation and coordination
 - d. Rhythmic awareness
 - e. Cool down
2. Basic techniques, skills, and sequences of select hip-hop, street and social dance forms
 - a. Musicality and phrasing
 - b. Dynamics
 - c. Instructor demonstration, discussion, and call-and-response
 - d. Repetition, clarification, and correction throughout class
 - e. Choreography
3. Improvisation
 - a. Freestyle movement
 - b. The cypher
4. Historical, geographical, and socio-cultural context of select hip-hop, street and social dance forms
 - a. Elements of hip-hop
 - b. Important individuals and groups
5. Experiential activities
 - a. Review and evaluate video recordings
 - b. Observe and/or participate in live or recorded event or performance

Resources

Chang, Jeff. (2005) *Can't Stop Won't Stop: A history of the hip-hop generation*, Picador USA.

Abrams, Jonathan. (2022) *The Come Up: An oral history of the rise of hip-hop*, Crown.

Durdan, E. Moncell. (2018) *Beginning Hip-Hop Dance (Interactive Dance Series)*, Human Kinetics.

Franklin, Eric. (2018) *Conditioning for Dance: Training for whole-body coordination and efficiency*, Human Kinetics.

Fogarty, M. & Johnson, I. K. (2022) *The Oxford Handbook of Hip Hop Dance Studies*, Oxford University Press.

Rajakumar, Mohanalakshmi. (2012) *Hip Hop Dance*, Greenwood.

Lihs, Harriet. (2018) *Appreciating Dance: A Guide to the World's Liveliest Art*, Princeton Book Company.

Resources Other

- Can't Stop Won't Stop [website] <https://cantstopwontstop.com/>
- *Planet B-Boy* [documentary film] (2007)
- *The Hip Hop Years* [documentary TV Series]. Channel 4, (1999), https://www.imdb.com/title/tt27932495/?ref_=ttpl_ov_i
- *Hip Hop Evolution* [documentary series]. Netflix (2020)

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