

# CJ-2290: POLICE ACADEMY IV

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## Cuyahoga Community College

### Viewing: CJ-2290 : Police Academy IV

**Board of Trustees:**

March 2020

**Academic Term:**

Fall 2020

**Subject Code**

CJ - Criminal Justice

**Course Number:**

2290

**Title:**

Police Academy IV

**Catalog Description:**

As part of the Ohio Police Officers Training Commission Basic Academy Curriculum, this course will introduce students to various topics necessary in the field of law enforcement. Topics to be covered include: Subject Control Techniques; Impact Weapons; Physical Fitness & Conditioning; Critical Incident Stress Awareness; Patrol Operations. Open to Police Academy Students only.

**Credit Hour(s):**

6

**Lecture Hour(s):**

5

**Lab Hour(s):**

3

## Requisites

**Prerequisite and Corequisite**

Departmental approval: admission to or completion of OPOTA Basic Police Academy.

## Outcomes

**Course Outcome(s):**

Identify and manage stress.

**Objective(s):**

1. Identify the different types of stress.
2. Explain the concept of critical incident stress.
3. Explain the concept of cumulative stress.
4. Identify possible stress reactions during a life threatening encounter.
5. Describe individual approaches to stress management.
6. Identify when to seek assistance.

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**Course Outcome(s):**

Demonstrate the principles of impact weapons.

**Essential Learning Outcome Mapping:**

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

**Objective(s):**

1. Identify pain, injury, and deadly force target areas for an impact weapon.
  2. Demonstrate principles of transitioning from an impact weapon to another force option.
  3. Demonstrate principles of strikes/blocks with an impact weapon.
  4. Demonstrate principles of escapes from body locks/hold releases with an impact weapon.
  5. Demonstrate principles of using an impact weapon in a ground defense situation.
  6. Demonstrate principles of impact weapon retention.
  7. Demonstrate principles of arrest and control techniques with an impact weapon.
  8. Demonstrate ethical decision making and critical thinking in a practical application scenario.
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**Course Outcome(s):**

Demonstrate proficiency in the techniques of subject control.

**Essential Learning Outcome Mapping:**

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

**Objective(s):**

1. Demonstrate proficiency in the principles of body alignment.
  2. Demonstrate proficiency in the principles of subject approach and control.
  3. Demonstrate proficiency in the principles of strikes.
  4. Demonstrate proficiency in the principles of takedowns.
  5. Demonstrate proficiency in the principles of handcuffing.
  6. Demonstrate proficiency in the principles of ground defense.
  7. Demonstrate proficiency in the principles of environmental weapons.
  8. Demonstrate proficiency in the principles of escapes from body locks and hold releases.
  9. Demonstrate proficiency in the principles of weapon retention.
  10. Demonstrate proficiency in the principles of weapon encounter defenses.
  11. Demonstrate proficiency in ethical decision making and critical thinking in a practical application scenario.
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**Course Outcome(s):**

Develop and implement a plan for personal lifelong health and fitness.

**Objective(s):**

1. Successfully complete the final physical assessment by completing the prescribed number of sit-ups within the allotted time.
  2. Successfully complete the final physical assessment by completing the prescribed number of push-ups within the allotted time.
  3. Successfully complete the final physical assessment by completing the 1.5 mile run within the allotted time.
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**Course Outcome(s):**

Implement basic aspects of patrol.

**Objective(s):**

1. Explain ways to improve public perception by properly employing aspects of patrol.
  2. Explain proactive patrol.
  3. Explain officer considerations when dispatched to a crime in progress.
  4. Explain the main responsibilities when responding to a crime in progress.
  5. Identify ways to maintain situational awareness while conducting searches.
  6. Demonstrate a proper field interview with a role player.
  7. Demonstrate necessary officer safety factors during a foot pursuit scenario.
  8. Create a basic report based on information obtained from victim and witness interviews.
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**Methods of Evaluation:**

1. Practical exercises
2. Objective examinations

3. Group presentation
4. Research paper
5. Homework assignments

**Course Content Outline:**

1. Principles of subject control.
  - a. The principles of body alignment.
  - b. The principles of subject approach and control.
  - c. The principles of strikes.
  - d. The principles of takedowns.
  - e. The principles of handcuffing.
  - f. The principles of ground defense.
  - g. The principles of environmental weapons.
  - h. The principles of escapes from body locks and hold releases.
  - i. The principles of weapon retention.
  - j. The principles of weapon encounter defenses.
  - k. Ethical decision making and critical thinking in a practical application scenario.
2. The principles of impact weapons.
  - a. Pain, injury, and deadly force target areas for an impact weapon.
  - b. Principles of transitioning from an impact weapon to another force option.
  - c. Principles of strikes/blocks with an impact weapon.
  - d. Principles of escapes from body locks/hold releases with an impact weapon.
  - e. Principles of using an impact weapon in a ground defense situation.
  - f. Principles of impact weapon retention.
  - g. Principles of arrest and control techniques with an impact weapon.
  - h. Ethical decision making and critical thinking in a practical application scenario.
3. Lifelong health and fitness.
  - a. Physical assessment of sit-ups
  - b. Physical assessment of push-ups
  - c. Physical assessment of 1.5 mile run
4. How to identify and manage stress.
  - a. Different types of stress.
  - b. The concept of critical incident stress.
  - c. The concept of cumulative stress.
  - d. Possible stress reactions during a life threatening encounter.
  - e. Individual approaches to stress management.
  - f. Identifying when to seek assistance.
5. Basic aspects of patrol operations
  - a. Ways to improve public perception by properly employing aspects of patrol.
  - b. Proactive patrol.
  - c. Officer considerations when dispatched to a crime in progress.
  - d. Main responsibilities when responding to a crime in progress.
  - e. Techniques to maintain situational awareness while conducting searches.
  - f. Techniques for conducting a proper field interview with a role player.
  - g. Necessary officer safety factors during a foot pursuit scenario.

**Resources**

Haley, M. . *Critical incident stress management: "It's not just for shootings anymore!"* . London, OH: Ohio Attorney General, Ohio Peace Officer Training Academy, 2013.

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Hess, K. M., Orthmann and Cho, C.M.H. . *Police operations: Theory and practice*. Australia: Delmar Cengage Learning, 2014.

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Los Angeles County Sheriff's Department (LASD). *Impact weapons*. Monterey Park, CA: Los Angeles County Sheriff's Department, 2005.

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Nadelen, M. D. . *Basic injury prevention concepts*. 2012. <http://www.acsm.org/access-public-information/articles/2012/01/10/basic-injurypreventionconcepts>

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