

# ART-1816: SPECIAL TOPICS: ART THERAPY STUDY ABROAD-BEGINNER LEVEL

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## Cuyahoga Community College

**Viewing: ART-1816 : Special Topics: Art Therapy Study Abroad-Beginner Level**

**Academic Term:**

Fall 2019

**Subject Code**

ART - Art

**Course Number:**

1816

**Title:**

Special Topics: Art Therapy Study Abroad-Beginner Level

**Catalog Description:**

First-hand introductions to the art, history, culture and art therapy/alternative healing found in countries abroad from the Antiquities to Modern eras. Includes an examination of art's nature, vocabulary, media, themes, purposes, visual elements, and principles of the therapeutic value of art therapy. This course is designed to assist students in preparing or learning about various countries abroad, which includes discussion on being a participatory and interactive traveler to obtain cultural experience.

**Credit Hour(s):**

3

**Lecture Hour(s):**

3

## Requisites

**Prerequisite and Corequisite**

ART-1600 Introduction to Art Therapy or departmental approval.

## Outcomes

**Course Outcome(s):**

Identify the art, history, culture and art therapy/alternative healing found in countries abroad from Antiquities to Modern eras. Students will also obtain extensive preparation knowledge in traveling abroad.

**Essential Learning Outcome Mapping:**

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

**Objective(s):**

1. Demonstrate the application of art therapy concepts learned through lectures
  2. Develop a strong foundation broadening horizons for further study of cultural values & art therapy/alternative healing techniques
  3. Identify traditional cultural art forms with group from lectures
  4. Discuss & identify cultural and other criteria used to establish the economic value of countries arts & universality as it pertains to art therapy with group
  5. Identify tangible & intangible properties of art/art therapy which influence the quality of life in various countries
  6. Explain the therapeutic qualities of different art materials of various countries with group.
  7. Demonstrate awareness of the personal and universal nature of the creative process as it applies to image making
  8. Understand the importance of preparation requirements prior to traveling abroad/safety procedures
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**Methods of Evaluation:**

Class participation

sketchbook/journal work

All students will be required to create a image journal and an artifact relating to a specific population.

**Course Content Outline:**

Travel abroad policies & procedures

Introduce art, history, culture and the process of art therapy methods & techniques found in countries abroad

Exploration of various countries, the history, language, art, and socio-psychology components effecting the people as well as the cultural differences and similarities

Exploration of historical & contemporary art/art therapy

**Resources**

"Judith Rubin" *Art Therapy: Applications & Techniques* .

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**Resources Other**

A Universal Language for Healing/Art Therapy by Judith Rubin (DVD)

Fodor publishes a series of small pocket guides. The Best of...for each countries

Cooper, J.C. (1993) *An Illustrated Encyclopedia of Traditional Symbols*, New York: Thames & Hudson

Linn, D. (2015). *Kindling the Native Spirit: Sacred practices for everyday life*. Bloomington: IN: Hay House, Inc.

Owen, C., (2006) *Crafting Personal Shrines: Using Photos, Mementos & Treasures to Create Artful Displays*, North Carolina: Lark Books.

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